

OCTOBER 2026

SANDS CISD

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Monday

Tuesday

Wednesday

Thursday

Friday



Pancakes, Bacon, Fruit,
Fruit Juice, Milk**

5

Sausage Biscuit, Fruit,
Fruit Juice, Milk**

6

Waffles, Sausage, Fruit,
Fruit Juice, Milk**

7

Breakfast Pizza, Fruit
Fruit Juice, Milk**

1

Grilled Cheese Sandwich,
Tater Tots, Fresh Broccoli,
Fruit Cup, Milk Variety

Breakfast Combo, Fruit,
Fruit Juice, Milk**

8

Donut, Sausage, Or
Parfait, Fruit, Fruit Juice,
Milk**

9

Drumstick, Biscuit, Salad,
Sweet Potato Fries, Applesauce,
Milk Variety

Frito Pie, Pinto Beans,
Fresh Veggie Cup, Mixed Fruit,
Sherbet, Milk Variety

Steak Fingers, Peppered Gravy,
Roll, Savory Green Beans,
Seasoned Corn, Diced Peaches,
Milk Variety

Pizza Pockets, Fresh Broccoli,
Marinara Sauce, Orange Smiles,
Milk Variety

Boneless Wings, Celery Sticks,
Baby Carrots, Chips,
Apple Slices, Milk Variety



12

Dutch Waffle, Sausage,
Fruit, Fruit Juice, Milk**

13

Power Breakfast, Fruit,
Fruit Juice, Milk**

14

Pancake Wrap, Yogurt,
Fruit, Fruit Juice, Milk**

15

Cinnamon Roll, Sausage,
Fruit, Fruit Juice, Milk**

16

Breakfast Burrito,
Hash Brown, or Cereal,
Fruit, Fruit Juice, Milk**

19

Early Bird Sandwich,
Fruit, Fruit Juice, Milk**

20

Breakfast Combo, Fruit,
Fruit Juice, Milk**

21

Breakfast Pizza, Hashbrown,
or Cereal, Fruit, Fruit Juice,
Milk**

22

Waffles, Bacon, Fruit,
Fruit Juice, Milk**

23

Hot Dog, Tater Tots, Tomato
Cup, Apple Slices, Milk Variety

Tex-Mex Stack, Refried Beans,
Salad, Salsa, Grapes,
Ice Cream, Milk Variety

Popcorn Chicken, Mac & Cheese,
Seasoned Corn, Crunchy Broccoli
Salad, Hot Cinnamon Apples,
Milk Variety

Country Fried Steak, Peppered
Gravy, Roll, Mashed Potatoes,
Savory Green Beans,
Diced Peaches, Milk Variety

Pizza, Baby Carrots,
California Blend Vegetables,
Mixed Fruit, Milk Variety

Pancake Wrap, Yogurt,
Fruit, Fruit Juice, Milk**

26

Dutch Waffle, Sausage,
Fruit, Fruit Juice, Milk**

27

Power Breakfast, Fruit,
Fruit Juice, Milk**

28

Breakfast Sandwich, Fruit,
Fruit Juice, Milk**

29

Cinnamon Roll, Bacon,
Fruit, Fruit Juice, Milk**

30

Hamburger/Cheeseburger,
Salad, Sweet Potato Fries,
Diced Apples, Milk Variety

Meat & Cheese Chalupa,
Refried Beans, Fresh Broccoli,
Salsa, Diced Pears, Milk Variety

BBQ on Bun, Oven Fries.
Sliced Cucumbers, Grapes,
Milk Variety

Asian Bowl, Egg Roll,
Seasoned Corn,
Savory Green Beans,
Pineapple Tidbits, Milk Variety

Hot Ham & Cheese Sandwich,
Fresh Veggies, Baby Carrots,
Apple Slices, Milk Variety

October 2nd ** No School
October 12th ** No School

Water offered at Breakfast and Lunch
Variety of fruit offered to High School at lunch